

Parenting a Second Time Around



Facilitator Training Workshop

Thursday, February 4, 2010

9:00 AM – 4:00 PM

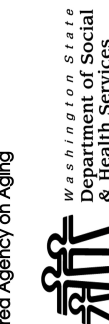
Friday, February 5, 2010

9:00 AM – 3:00 P.M.

Brought to you through a collaborative effort between:



Area Agency on Aging



Washington State
Department of Social
& Health Services



Family Education
& Support Services

Supporting Families...Strengthening Communities

ADSA Aging & Disability
Services Administration

Parenting a Second Time Around Workshop
Family Education and Support Services
1202 Black Lake Blvd. #B, Olympia, WA 98502

Parenting a Second Time Around: Facilitator Workshop

Your Name: _____ Your Agency: _____

Address: _____ Phone: _____ E-mail: _____

Please check if you are a: ☐ Family Support Staff ☐ Parenting Educator ☐ School Personnel ☐ Support Group Leader
☐ Relative Other (please specify) _____

Payment amount enclosed: \$ _____

Mail completed registration form and check to: Parenting a Second Time Around Workshop
Family Education and Support Services
1202 Black Lake Blvd. #B, Olympia, WA 98502

Deadline: Please have registration postmarked by January 27, 2010.



More than 35,000 grandparents and other relatives in Washington State are raising children often with little support or knowledge of resources.

To better help meet the parenting needs of relatives raising children a dynamic training developed by Cornell University Cooperative Extension will be presented during a two-day workshop.

This training may be for you if you are a:

- ◆ support group leader
- ◆ parenting educator
- ◆ school personnel
- ◆ family support staff
- ◆ relative
- ◆ interested in training others with this curriculum.

After the Training

Attendees are encouraged to present two workshops on one or more of the curriculum topics in their local communities over the next year.



Parenting a Second Time Around

Topics Include:

It Wasn't Supposed to Be Like This

Identifying and reflecting ambivalent feelings about changing roles.

Getting to Know You

Child development, individual differences, journals.

Rebuilding a Family

Adult/child interactions, grief and loss, relating to your child, solution focused problem solving.

Brand New Addition *

Relatives and Teens Living Together

Staying connected, adapting parenting, monitoring & valuing teens' independence.

Discipline Is Not a Dirty Word, But It May Look Different Today

Characteristics of effective discipline, establishing a discipline style and addressing high-risk behaviors.

Protecting & Planning For Your Child's Future

Legal Issues such as custody options, child support, and legal resources.

Standing Up For Grandparents/Relatives & Their Children Needs

Advocacy, navigating service systems, connecting with community programs.

Training presented by

Drew Betz, M.S. and Jane Lanigan, PhD
Washington State University Extension

Training Certificate Offered

STARS (State Training and Registry System) credit for early childhood professionals also provided.

Cost \$25

Cost includes two days of training, healthy snacks and lunch, and a curriculum manual.

Training Location and Directions

Lewis-Mason-Thurston Area Agency on Aging, Conference Room,
3603 Mud Bay Rd., Olympia, WA 988502

Registration Confirmation

An email will be sent with suggested accommodations and directions once payment is received.

Questions

Contact Shelly Willis, at
ShellyWillis1@qwestoffice.net at Family Education and Support Services, or call 360-754-7629 for questions about training.

Training Sponsors

Washington State University Extension

Family Education and Support Services

Aging and Disability Services
Administration/DSHS

Lewis-Mason-Thurston Area Agency on Aging